



# Freedom from Mind

Part 12

**From the Zoom Discussions presented by  
Buddothpado Aryanwahanse**

| Buddothpado |

**English Translation From the Morning Zoom discussion presented by  
Buddothpado Aryanwahanse on 21/10/2023.**

**Participant:** May I have your permission, Aryanwahansa, Theruvan Saranai!

This morning When I was listening to a *Damma* lecture on TV, it has been said, that because of the four elements coming from the outside, the elements are formed inside our minds. I would like to know your opinion on this.

**Aryanwahanse:** If someone has listened to the discourses presented by Buddothpado *Desana* regarding the four elements, it is quite apparent that there is no such thing as four elements coming from the outside or inside. The person who offered this lecture is definitely, in a wrong view and people who have wrong views should not preach. It is impossible to twist the *Damma*, however, what happens is the innocent people who listen to such lectures get twisted and as a result the bliss of Nibbana becomes out of reach to them. When Ven. Chandawimala passed away, the Maha Theros printed the notes that Ven. Renukane Chandawimala wanted to discard, making them into a series of books. That was wrong. Even the Thero, wanted to destroy them and it is not his fault this happened, It is the fault of the Theros who did it. The dependent origination takes place within a moment, instantly. It cannot be explained in terms of the past, present and the future. Buddha *Damma* has to be understood by each one. It is open to acceptance after investigation. During this time, everybody is looking for the true *Damma*. In that case, only people with great wisdom should preach it. The translation of the *Abidamma Pitaka* is incorrect. You have to come from the place (*Chittena Niyathi Loko/ Salayatana Loko, Loko*): the world exists only in the mind or in the sixfold base. Is it mentality, materiality or is it, materiality and mentality? It is mentality, materiality. Not materiality, mentality. The general opinion that everything has been created because of the four elements; now answer the question, is it because the four elements outside, the elements are formed in the mind?

The gentleman who raised the question can answer.

**Participant:** In reality, there is no such thing as four elements. Instantly they are created as the eight particles (*Suddaasta*) and disappears. It is only a creation of the mind consciousness.

**Participant:** Even the Buddha explained so very well, until your explanation, we were under the impression that it is materiality and mentality. Even the education we received was teaching us this concept. There is no such thing called the eight particles. This is all about telepathy. Just like, Aryanwahanse, explains, you have to see this through great wisdom.

**Aryanwahanse:** Do you realize that Aryanwahanse, does his duty observing noble silence? Why? If people try to attack Aryanwahanse, the Nibbana cannot be reached by such people. We cannot let that happen. Everybody must be able to reach the Nibbana. Aryanwahanse has given a period for the people to change. The reason for this situation is, that there is a difficulty for people to observe the instant bliss (*Kshana Sampattiya*). The presentation of the dependent origination is incorrect. People similar to the Bikku Potila, are only limited to the knowledge. Knowledge is not the true *Damma*. Ven. Sudarshana, now says, there is nothing you can receive from the outside. Everything is created in the mind. He learned the truth. Accepted the truth. That is what should happen. This was not what he said, sometime ago. This change is necessary. People who talk about the results, mislead people. If a result is expected, the notion of a Self is still in existence. With the perception of a Self, a person cannot eradicate the wrong view of the notion of an separate Being. It is true that mistakes could happen to the people who are in the mundane level. When people perform under the influence of *Damma* arrogance, path becomes distant.

There is no such person called, Aryanwahanse. This is only a duty. Aryanwahanse, only talks about the *Damma*, Nothing else, but the *Damma*. (In the *Pottapada Sutta*) Pottapada thought, he had achieved Nibbana because the perception was so delicate. He was in the *Asanna Tala* (The base of Neither perception nor non-perception). This misconception was corrected by the Buddha, because, he had the perception that he did not have any perception. One must abandon the reconstruction completely and get rid of the notion of a Self and the notion of an existence of a separate Being to reach the Nibbana. As long as someone is affected by the notion of an individual Self, that person cannot eradicate the wrong view of an existence of a SOUL, Buddha uttered.

**English Translation From the Saturday Night Zoom Discussion presented by Buddhothpado Aryanwahanse on 21/10/2023.**

**Participant:** Theruvan saranai! Aryanwahansa,

In the yesterday, zoom discussion, you have described the fierce rain in which, weapons came down to the earth instead of the rain. This reminded me of a story that I have heard about 45 years ago from my grandmother, which was in the Buddha Desana. According to that story, the life span of the people gets reduced to a very low level. At this time, when people indulge in wrong sexual acts, gems fall down to the earth as rain. When this happens, people fight each other to get more for themselves and try to find ways to save them. Defilements cover the earth and right after this, a rain falls which includes weapons (*Murugasan Varsha*). Now, people fight each other using these weapons. In the meantime, there will be a group of pious people who live a spiritual life. While these people hide from the destruction, the others will die due to their own vicious actions. The good people get the opportunity to be reborn in the great *Abassara* world (Gods of steaming radiance). Later on, these people come back to the earth and start life. This story is very much similar to your story. Even now, same thing is happening. Human go against each other and kill each other with fierce weapons. Even if robots are made, that is also created by men.

**Aryanwahanse:** This is really amazing. Truthfully, Aryanwahanse talked about this without knowing that this has been said by the Buddha. Aryanwahanse utters many things through his own discovery through a superior wisdom. (*Abinna Jnana*), When Aryanwahanse experienced the Alamariya Jnana Darsana, it happened automatically. He saw the *sutra* related to this situation later, after receiving it. Most of the experiences occurred in that manner. Even the doctrine of the dependent origination, he came to know by himself. This refers to an extremely superior level of wisdom. Then the discourses flow just like a river. All these came through his own experiences and the wisdom created in it. This is not knowledge. In 2018, he wanted to give this treasure to the world. However, this attempt failed because people were not in the right state of mind to absorb it. Then, when he fell ill with Corona, the realization came to his mind that, if he dies, it is really not fare to the world. That is the reason why, the *Damma* has been revealed to the world. Still, it continues.

This refers to the Bliss of Nibbana. You do not even grab the *Damma*, it is quite simple and beautiful. You feel it through your inner spiritual change and purification.

**Participant:** I feel that may be, we met in our previous cycles of birth and when I was listening to your discourses, I feel that I have heard of these before. People who follow your *Damma* discourses are chosen to achieve the Nibbana and I feel they are very lucky to be able to follow this path you reveal.

**Aryanwahanse:** Yes, it is true

**Participant:** Sadu! Sadu!

**Aryanwahanse:** It is not what you think about, feel what happens to you. When you reach this special level, your waves of thoughts and Aryanwahanse's waves become just one. Please see through wisdom. You will lose the world and most importantly, you will lose yourself in you. Now, this is the Nibbana. Please do not miss this opportunity. This is only for a certain group of people. Buddha said, "If people go elsewhere, When I guide them to follow the right path to *Jetavanarama*, what can I do?". I have to say the same thing. OK, Amma, mother, you follow the path in silence. Let's give someone else a turn.

***Therawan Saranai***